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| If control measures aren’t implemented and effectiveit is rated **MEDIUM RISK** (25 ): Severity(5 ) x Likelihood(5 ) |

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| Groups at risk Groups at risk• All Club members• Visitors / guests | Hazards • Manual handling injury• Sharps injury• Slips, trips and falls• Biological hazards | Practices resulting in hazards • Carrying heavy/full bags of waste• Disposing of waste into external bin area |

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| Control Measures • Manual handling training completed as part of induction to ensure all club members are aware of and follow correct procedures and lifting techniques.• All personnel must follow the correct lifting techniques at all times.• Two persons to carry heavy bags or where possible use a trolley (if available).• If waste bags are too heavy either get help or spilt load into smaller bags.• If carrying more than one bag distribute the weight evenly ensuring you carry a bag in each handso you do not twist the body.• Do not overload rubbish bags as they may split and spill contents leading to slip hazards.• Clean any spillages from split bags as soon as possible.• Dispose of broken glass and crockery, it must be disposed of in accordance with club policy.• Always wear PPE needed for the job particularly sensible shoes with a good grip and gloves to minimise risk of contact with waste.• Do not leave waste in the boat shed. Dispose of it at the end of all activities.• Keep routes clear, ensure floors are dry, and take extra care when wet.• Don’t carry more than you can manage and if up or downstairs keep one hand free for hand rail.• Be aware that sharp objects like broken glass, knives or tin can lids that may protrude from waste bags and cause cuts to hands or legs.• Always report any accidents however minor.• When placing waste at final disposal point be aware that the bin area may be greasy or dirtycausing slip and trip accidents.• External areas may become slippery in wet weather, risks to be highlighted as part of induction.• Do not jerk when putting bags into skips. |

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| **After Control Measures:** Severity(5 ) x Likelihood(2 )LOW RISK(10 ) |

Responsible Person: T P Aston. Responsible Person Signature: Tim Aston

Date 03 December 2021 – To be reviewed annually.

Review Date:

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